

Asheville Pro Kitchen

Weekly rotating menus. Local, non-GMO, no hormones or antibiotics ever.

About Dustin Orofino:



Welcome to Asheville Pro Kitchen! I started APK out of my passion for good food. I want to share my love of cooking and creating new dishes with others and to inspire and teach people how to eat healthy and get people as excited as I am about my next meal. We flip your favorite comfort foods into healthy meals!



Website & Scheduling:

Website: <https://ashevilleprokitchen.com/>

Place your order online: <https://ashevilleprokitchen.com/meal-delivery/#order-here>

Email address: ashevilleprokitchen@gmail.com

Phone number: 828.357.7087

More about Asheville Pro Kitchen:

- Weekly rotating menus
- Paleo, gluten free and Keto options
- Family inspired recipes
- All meals are fully cooked and ready to eat
- Meals are wholesome and balanced
- Meals are convenient to “grab and go” for busy families with a schedule to keep
- Ingredients are sourced locally and prepared in a health department regulated kitchen
- All meals are non-GMO, as well as hormone and antibiotic free

Pricing (before 10% WCMS member discount):

Average price per meal is \$10, Minimum order is 4 meals

4 meal plan: \$40, 8 meal plan: \$75, 16 meal plan: \$145

How to subscribe as a WCMS member:

- 1) Contact Dustin (ashevilleprokitchen@gmail.com) for discount code
- 2) Go to the APK website and choose the meal plan you want
- 2) Create your profile
- 3) Choose your delivery day and location

Delivery area varies. Contact Dustin directly for more information.